

MARCH 2024

Laurens Central School

Breakfast Elementary \$2.00
Breakfast H.S. \$2.15
Lunch Elementary \$2.25
Lunch H.S. \$2.50

Monday

Tuesday

Wednesday

Thursday

Friday

Scrambled Eggs w/Cheese & Home Fries **4**
Pasta w/ Alfredo or Marinara Sauce
Garlic Bread
Broccoli
Soup/Salad w/Chick Peas or Sandwich

French Toast Sticks **11**
Goulash
Garlic Bread
Green Beans
Soup/Salad w/Chick Peas or Sandwich

Scrambled Eggs w/ Hash Browns **18**
Chicken Bacon Ranch Bake
Broccoli
Garlic Bread
Soup/Salad w/Chick Peas or Sandwich

Chocolate Chip Pancakes **25**
Chicken Parm Wrap
Brussel Sprouts
Soup/Salad w/Chick Peas or Sandwich

Breakfast Sandwich **5**
Soft or Hard Shelled Tacos
Refried Beans
Soup/Salad w/Home Fries or Sandwich

Breakfast Biscuit Sandwich **12**
Ultimate Chicken Bowl
WW Roll
Soup/Salad w/Chick Peas or Sandwich

Pancakes w/Bacon **19**
BBQ Chicken Breast on a Bun
Tater Tots
Cauliflower
Soup/Salad w/Chick Peas or Sandwich

Scrambled Eggs w/Home Fries **26**
Macaroni & Cheese
Carrots
Soup/Salad w/Chick Peas or Sandwich

Oatmeal w/Brown Sugar & Raisins **6**
Chicken Patty
French Fries
Carrots
Soup/Salad w/Chick Peas or Sandwich

Waffles w/Bacon **13**
Hamburger/Cheeseburger
French Fries
Carrots
Soup/Salad w/Chick Peas or Sandwich

Breakfast Burrito **20**
Fish Nuggets
Sweet Potato Fries
WRAP DAY- Assorted Wraps
Soup/Salad w/Chick Peas

French Toast Sticks **27**
Chili
Corn Muffin
Soup/Salad w/Chick Peas

Sausage Gravy w/Biscuits **7**
Grilled Cheese
Tomato Soup
Soup/Salad w/Chick Peas or Sandwich

Breakfast Pizza **14**
Chicken Stir Fry
Egg Roll
Soup/Salad w/Chick Peas or Sandwich

Scrambled Eggs w/Ham & Cheese **21**
Chicken Quesadillas
Corn
Soup/Salad w/Chick Peas or Sandwich

Waffles w/Sausage **28**
Chicken Tenders
Tater Tots
Green Beans
Soup/Salad w/Chick Peas or Sandwich

Pancakes w/Sausage **1**
Assorted Stromboli's
Spinach and Romaine Salad
Soup/Salad w/Chick Peas or Sandwich

Breakfast on a Stick **8**
Assorted Pizza
Spinach and Romaine Salad
Soup/Salad w/Chick Peas or Sandwich

NO SCHOOL **15**
**SUPERINTENDENT'S
CONFERENCE DAY**

Breakfast Sandwich **22**
Assorted Stromboli's
Spinach and Romaine Salad
Soup/Salad w/Chick Peas or Sandwich

NO SCHOOL **29**
GOOD FRIDAY

Breakfast and Lunch must include 3 items and one MUST be a fruit and/or vegetable. USDA is an equal opportunity provider and employer